

# January 13 -19 Menu

**Bistro Hours:** Breakfast (7:00 a.m. to 11:00 a.m.) - Lunch (11:00 a.m. to 2:00 p.m.) - Dinner (5:00 p.m. to 6:00 p.m.)  
**Willows Arbor Hours:** Breakfast (7:00 a.m. to 11:00 a.m.) - Lunch (11:00 a.m. to 1:30 p.m.) - Dinner (5:00 p.m. to 6:00 p.m.)

## Bistro Dinner Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Join us for Sunday Brunch at the Bistro! \$8.50	Spanish Corn Salad	Cranberry Orange Gelatin	Three Bean Salad	Shrimp Cocktail	Creamy Coleslaw	Cranberry & Kale Salad
	Beef Fajitas	Country Style Pork Chop	Southern Fried Chicken	Glazed Ham Balls	Friday Night Fish Fry	--
	Shrimp Creole	Turkey A la King with Biscuits	Baked Tilapia	Atlantic Salmon	Kielbasa Casserole	London Broil
	Cilantro Lime Rice	Barley Pilaf	Potatoes O'Brien	Twice Baked Potatoes	Fried Potato Wedges	Spinach & Mushroom Manicotti
	Broccoli	Corn O'Brien	California Blend	Asparagus	Wax Beans & Pimentos	--
	Chef's Choice Vegetable	Chef's Choice Vegetable	Chef's Choice Vegetable	Roasted Fingerling Potatoes	Chef's Choice Vegetable	Chef's Choice Vegetable
	Tres Leches Cake	Pecan Pie Bar	Inside Out Cake	Red Velvet Cake	Pumpkin Cream Pie	Peanut Butter Brownies

We invite all residents to come & enjoy dinner at the Bistro. Please make reservations at the Bistro at 815316-6093 or the Hospitality desk at 316-6060.

## Willows Arbor, Hunt Terrace & Willows Health & Rehab Center Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
French Onion Soup	Potato Leek Soup	Chicken Orzo Soup	Black Bean Soup	Sweet Potato Bisque	Manhattan Clam Chowder	Cream of Broccoli Soup
Lemon Gelatin	Beef Vegetable Soup	Cream of Cauliflower Soup	Cream of Tomato Soup	Mushroom Barley Soup	White Bean Soup	Ham & Vegetable Soup
Roast Beef & Gravy	Turkey Salad Sandwich	BBQ Rib Sandwich	Grilled Cheese Sandwich	Spinach & Cheese Quiche	Chicken Tenders	Sloppy Joe
Stuffed Bell Peppers	Hearty Vegetarian Chili	Chicken Tortellini Alfredo	Chef Salad	Italian Sausage	Egg Salad Sandwich	Macaroni & Cheese
Green Beans	Broccoli Salad	Roasted Vegetable Salad	Carrots	Sautéed Bell Peppers	Creamed Spinach	Peas & Mushrooms
Au Gratin Potatoes	Corn Muffins	Baked Beans	Mashed Potatoes	Tater Tots	Steak Fries	Onion Rings
Strawberry Rhubarb Pie	Cookie Mousse	Orange Cake	Oatmeal Raisin Cookie	Caramel Brownies	Chocolate Peppermint Cake	Tapioca Pudding
Mandarin Oranges	Apple Slices	Peaches	Bananas	Pineapple	Pears	Bananas

## Willows Arbor, Hunt Terrace & Willows Health & Rehab Center Dinner Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
French Onion Soup	Potato Leek Soup	Chicken Orzo Soup	Black Bean Soup	Shrimp Cocktail	Manhattan Clam Chowder	Cream of Broccoli Soup
Cucumber Salad	Green Salad	Caesar Salad	Green Bean Salad	Spinach Salad	Garden Salad	Lentil Salad
Mediterranean Flat Bread	Baked Swiss Steak	Honey & Apricot Chicken	Italian Herb Pork Tenderloin	Glazed Ham Balls	German Pot Roast	Grilled Chicken Thigh
Ham Salad Sandwich	Garlic Herb Pork Loin	Baked Tilapia	Tater Tot Casserole	Baked Salmon	Catch of the Day	Homemade Meatballs
Bistro Chips	Mashed Potatoes	Wild Rice Pilaf	Roasted Sweet Potato	Asparagus	Mashed Potatoes	Spaghetti
Carrots	Asparagus	Acorn Squash	Baby Lima Beans	--	Bavarian Cabbage	Harvard Beets
--	Mixed Vegetables	Italian Flat Beans	Asparagus	Twice Baked Potatoes	Roasted Zucchini	Steamed Corn
Sundae on Sunday	Apple Cobbler	Coconut Cake	Peanut Butter Pie	Red Velvet Cake	Almond Cake	Blueberry Cobbler
--	Knot Rolls	Vegetable Bread	Assorted Dinner Rolls	Vegetable Bread	Assorted Dinner Rolls	Garlic Bread