

Sunday, September 13th-Saturday, September 19th

Bistro Hours: Breakfast (7:00 a.m. to 11:00 a.m.) - Lunch (11:00 a.m. to 2:00 p.m.) - Dinner (5:00 p.m. to 6:00 p.m.)
Willows Arbor Hours: Breakfast (7:00 a.m. to 9:30 a.m.) - Lunch (11:00 a.m. to 1:00 p.m.) - Dinner (5:00 p.m. to 6:00 p.m.)

Bistro Dinner Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chilled Peach Soup Italian Pasta Salad	Green Pea Salad	Orange Jicama Slaw	Asian Noodle Salad	Shrimp Cocktail Cucumber Salad	Cottage Cheese & Pineapple	Spinach Salad w/ Bacon & Parmesan
Southern Fried Chicken	Chicken Voodoo Rigatoni	TACO TUESDAY	Pepper Steak w/ Rice	Petite Filet with Mushroom Sauce	Southwest Chicken Breast	Chicken Cacciatore
Beef Bourguignon	Beef Kabobs	Choice of: Chicken, Pork, Fish or Beef	Sweet & Sour Chicken	Broiled Salmon	Ham w/ Brown Sugar Glaze	Braised Boneless Short Ribs
Potatoes Dauphinoise	Barley & Brown Rice	Arroz con Gandules	Brown Fried Rice	Cheesy Potato Casserole	Macaroni & Cheese	Garlic Mashed Potatoes
Asparagus	Baked Zucchini & Tomatoes	Refried Pinto Beans	Sugar Snap Peas	Summer Vegetable Ratatouille	Braised Greens	Parmesan Tomatoes
Chef Vegetable Blend	Tomato Basil Green Beans	Carrot & Yellow Squash	Vegetarian Egg Roll	Cream Style Corn	Green Bean Almondine	Balsamic Roasted Brussel Sprouts
Apple Tarte Tatin	Pineapple Upside Down Cake	Tres Leches Cake	Chocolate Cake	Birthday Cake	Dutch Apple Pie	Orange Cake

We invite all residents to come & enjoy dinner at the Bistro. Please make reservations at the Bistro at 815-316-6093 or the Hospitality desk at 316-6060.

Willows Arbor, Hunt Terrace & Willows Health & Rehab Center Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Borscht Soup	Cream of Spinach Soup	Broccoli Cheddar Soup	Cream of Celery Soup	Navy Bean Soup	Thai Coconut Curry Soup	Vegetable Rice Soup
Tomato & Mozzarella Salad	Carrot Raisin Salad	Green Tea & Blueberry Gel-a-Tini	Green Pea Salad	Creamy Tomato Basil Pasta Salad	Gazpacho Soup	Lime Gelatin w/ Pear
Hungarian Pork Chop	Hot Turkey Sandwich	Ham Salad Sandwich On Rye	Fried Chicken Wrap	Bruschetta Flatbread Pizza	Macaroni & Cheese w/ Ham	California Salad
Dijon Herb Crusted Cod	Ham & Cheese Wrap	Loaded Southwest Potato	Tuna Salad Sandwich	Grilled Chicken Sandwich	Pastrami & Swiss on Rye	Chicken Philly
Sweet Potato Wedges	Mashed Potatoes	Baked Potato	Brown Rice	Citrus Rice Salad	Fritos	Parmesan Garlic Kettle Chips
Garlic Broccoli	Sugar Snap Peas	Capri Vegetable Blend	Sautéed Zucchini	Mixed Vegetables	Giardiniera Roast Vegetables	Orange Basil Carrots
Peanut Butter Bars	Brownies	Chocolate Chip Ice Cream Sandwich	Peanut Butter Cookie	Pumpkin Bar	Berry Cherry Cobbler Gelatin	S'mores Squares
	Pears	Peaches	Banana	Pineapple	Pears	Banana

Willows Arbor, Hunt Terrace & Willows Health & Rehab Center Dinner Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Borscht Soup	Cream of Spinach Soup	Broccoli Cheddar Soup	Cream of Celery Soup	Shrimp Cocktail	Thai Coconut Curry Soup	Vegetable Rice Soup
Rosy Applesauce Gelatin	Classic Waldorf Salad	Tomato, Artichoke & Cucumber salad	Garden Salad	Autumn Mixed Greens Salad	Tomato Cucumber Salad	Celery & Carrot Sticks w/ Ranch
Mini Egg & Cheese Sandwich	Swiss Steak Jardinière	Chicken Cacciatore	Swedish Meatballs	Garlic Studded Herb Crusted Prime Rib	Crispy Cornmeal Fried Fish	Beef Stew
Farm Stand Salad	Teriyaki Chicken	Tomato Pesto Tilapia	Burgundy Pork	Grilled Salmon w/ Citrus Zest, Tomatoes, Capers, Artichoke, and Basil	BBQ Baby Back Ribs	Greek Marinated Chicken
Crispy Hash Browns	Jasmine Rice	Parmesan Roasted Potatoes	Buttered Egg Noodles	Duchess Potatoes	Sweet Potato Fries	Rice Pilaf
Roasted Cauliflower	Green Peas w/ Onions	Roasted Mushrooms	Sautéed Spinach	Harvest Vegetable Medley	Baked Beans	Balsamic Roasted Brussel Sprouts
	Grilled Asparagus	Green Beans	Succotash		Creamed Spinach	Roasted Corn
Sundae on Sunday	Strawberries & Cream Pie	Orange Sherbet	Lemon Tart Trifle	Birthday Cake w/ Ice Cream	Peach Pie	Devil's Food Cake
	Whole Wheat Dinner Roll	Dinner Roll	French Breadstick	Dinner Roll	Hush Puppies	Wheat Dinner Roll