

Served at Willows Arbor, Hunt Terrace & Willows Health & Rehab Center

Lunch	Sunday 2-May	Monday 3-May	Tuesday 4-May	Cinco De Mayo 5-May	Thursday 6-May	Friday 7-May	Saturday 8-May
	Asparagus and Pea Soup	Black Bean Soup with Quinoa	Turkey Rice Soup	Caldo De Queso Con Papas (Mexican Cheese and Potato Soup)	Stuffed Baked Potato Soup	Seafood Gumbo	Cheddar Corn Chowder
	Petite Spinach Salad	Banana Lime Gelatin	Peaches and Cream Gelatin	Tortilla Chips Guacamole & Salsa	Green Garden Salad	Asian Pasta Salad	Classic Vichyssoise (Chilled Potato Leek Soup)
	Pot Roast with Red Wine Sauce	Grilled Chicken Breast with Mild Fresh Herbs and Spice Blend	Reuben	Skirt Steak Tacos	Hot Dog	Cut Bratwurst with Caramelized Onions	Philly Cheesesteak Sandwich
	Ranch Chicken	Ham Salad on Rye	Spinach and Strawberry Salad with Grilled Chicken	Chilaquiles (Mexican "Lasagna")	Chicken Salad With Crackers	BBQ Chicken Chopped Salad	Greek Salad
	Red Potatoes with Parsley	Sweet Pea and Mint Pasta Salad	Potato Chips	Mexican Rice	Baked Beans	Tater Tots	Bistro Chips
	Braised Green Beans with Leeks	Carrot and Zucchini Blend	Summer Vegetable & Pecan Salad	Elotes (Mexican Street Corn)	Fresh Brussels Sprouts with Kale	Green Beans with Carrots and Almonds	Zucchini with Onions
	Peach Crisp	Berry Crisp with Vanilla Mousse	Turtle Parfait	Churros	Carrot Cake	Chocolate Cream Pie	Chocolate Chip Cookies
	Parkerhouse Roll	Pears	Pineapple	Peaches	Apple Slices	Fruit Cocktail	Bananas

Dinner	Sunday 2-May	Monday 3-May	Tuesday 4-May	Wednesday 5-May	Thursday 6-May	Friday 7-May	Saturday 8-May
	Asparagus and Pea Soup	Black Bean Soup with Quinoa	Turkey Rice Soup	Cream of Cauliflower	Stuffed Baked Potato Soup	Seafood Gumbo	Cheddar Corn Chowder
	Fiesta Corn Salad	Cheese and Crackers with Fruit	Tomato and Cucumber Salad	Cottage Cheese with Fruit	Ambrosia Salad	Marinated Olives	Caesar Salad
	Garlic Herb Meatloaf	Oven Fried Pork Chops	Spiced Turkey Meatballs with Tomatoes and Lentils	Buttermilk Fried Chicken	Shrimp Risotto	Flatbread Cheese Pizza	Lasagna
	Mediterranean Salad with Roasted Vegetables Feta and Grilled Chicken	Caribbean Shrimp and Tilapia Stew	Seafood Gratin	Sweet and Sour Pork	Fettucine Alfredo with Broccoli	Chicken Quarters Braised with Red Wine & Mushrooms	Roast Turkey with Gravy
	Buttermilk and Chive Mashed Potatoes	Herb Rice Pilaf	Toasted Barley Pilaf	Twice Baked Potatoes	Fettucine	Rice Pilaf	Cornbread Stuffing
	Broccoli Au Gratin	Creamed Spinach and Parmesan	Roasted Cauliflower Herb Butter	Mexican Style Sweet Corn	Broccoli Florets	Peas	Creamed Corn with Red Bell Peppers
	--	Caramelized Leeks	Sautéed Vegetable Blend	Sugar Snap Peas	Italian Flat Beans	Garden Vegetable Medley	Grilled Asparagus
	Pecan Pie	Angel Food Cake & Strawberries	New York Cheesecake	Orange Chiffon Pie	Tiramisu Parfait	Blueberry Crisp	Lemon Bars
	Mandarin Oranges	Multi Grain Roll	Sweet Yeast Roll	Homestyle Roll	Garlic Breadstick	French Bread	Multi Grain Dinner Roll

Dining Service Events:

Week of May 2nd

May 5th is Cinco De Mayo



This Month Superfood = EGGS



DID YOU KNOW??!



The high quality protein in eggs is essential for building and maintaining lean body mass

One egg has varying amounts of 13 essential vitamins and minerals + 6 grams of high-quality protein

Eggs are not just for breakfast! Eggs can be enjoyed at any meal to provide a variety of vitamins and minerals

Served At The Castle Town Center Bistro Sunday May 2nd - Saturday May 8th

Sunday - Brunch 2-May	Monday - Dinner 3-May	Tuesday - Dinner 4-May	Wednesday - Dinner 5-May	Thursday - Dinner 6-May	Friday - Dinner 7-May	Saturday - Dinner 8-May
Orange Jicama Slaw	American Macaroni Salad	Tossed Salad	Chicken & Cheddar Nachos	Asian Slaw Salad	Chickpea Salad	Caesar Salad
Honey Bourbon Pork	Chili Glazed Salmon with Mango Salsa	Meat Lasagna	Arroz con Pollo (Chicken & Rice)	Beef Chop Suey	BBQ Pork Ribs	Baked Cod Florentine
Mahi Mahi with Tropical Salsa	Bratwurst on Pretzel Bun	Chicken Piccata	Beef Burrito w/ Chili Cheese Sauce	Sweet Sour Chicken	Fried Pollock	Grilled Strip Steak
Baked Sweet Potato	Jo Jo Potato Wedges	Parmesan Orzo Pasta	Spanish Rice	Vegetable Fried rice	Potato Salad	Roasted Red Potatoes
Fresh Asparagus	Baked Beans	Tomato Basil Green Beans	Grilled Corn Elote	Fresh Asian Blend Vegetable	Braised Greens	Peas and Pearl Onions
Creamed Spinach	California Blend	Dilled Carrots	Frijoles Charro	Vegetable Egg Rolls	Crispy Parmesan Summer Squash	Steamed Broccoli
Strawberry Cheesecake	Fudge Brownie	Tiramisu	Churro	Peach Pie	Carrot Cake with Cream Cheese Icing	Strawberries Romanoff

If you would like to order dinner from the Bistro, please call x6093 by 3PM. Thank you!