

**Served at Willows Arbor, Hunt Terrace & Willows Health & Rehab Center**

Lunch	Sunday 17-Oct	Monday 18-Oct	Tuesday 19-Oct	Wednesday 20-Oct	Thursday 21-Oct	Friday 22-Oct	Saturday 23-Oct
	Pumpkin Ginger Soup	Chili	Potato and Celery Root Soup	Butternut Squash and Sausage Soup	Split Pea Soup	New England Clam Chowder	Tomato Basil Bisque
	Petite Spinach Salad	Lime Gelatin with Bananas	Boston Bean with Bacon Soup	Chicken Barley Soup	Cream of Red Pepper Soup	Garden Salad	Cottage Cheese
	Beef Pot Roast	Grilled Ham and Swiss on Rye	Reuben	Quiche Lorraine	Beef Soft Taco	Cincinnati Coney Dogs	Steakhouse Flatbread Pizza
	Chicken Pot Pie	Egg Salad with Crackers, Vegetables and Dip	South Pacific Marinated Chicken	Cheeseburger	Cranberry Chicken Salad	Roast Turkey and Gravy	Harvest Salad with Cranberry Dressing
	Red Potatoes with Parsley	Cheesy Potato Casserole	Potato Chips	Tater Tots	Baked Beans	Cornbread Stuffing	Cheddar Sun Chips
	Braised Vegetables	Mixed Vegetables Blend	Roasted Kabocha Squash	Coleslaw	Fresh Brussels Sprouts with Kale	Baked Parmesan Tomatoes	Fresh Green Beans with Garlic
	Cherry Crisp	Strawberry Shortcake	Chocolate Chip Sandwich Cookie with Toffee Filling	Pear and Cranberry Crumble	Carrot Cake	Blueberry Crisp	Oreo Cookie Parfait
	Parkerhouse Roll	Pears	Pineapple	Peaches	Apple Slices	Fruit Cocktail	Bananas

Dinner	Sunday 17-Oct	Monday 18-Oct	Tuesday 19-Oct	Wednesday 20-Oct	BIRTHDAY DINNER 21-Oct	Friday 22-Oct	Saturday 23-Oct
	Pumpkin Ginger Soup	Chili	Potato and Celery Root-Soup	Butternut Squash and Sausage Soup	Shrimp Cocktail	New England Clam Chowder	Tomato Basil Bisque
	Caprese Salad(Tomato, Basil, Fresh Mozzarella)	Cheese and Crackers with Fruit	Refreshing Salad of Mandarin Orange Cucumber Red Onion Herbs and Grains	Mixed Greens Salad	Mixed Greens Apples Pears Walnuts Fresh Cheese	Greek Side Salad	Bruschetta Crostini
	Turkey Burger	Sausage and Peppers Penne Pasta	Oven Fried Pork Chop	Irish Shepherd's Beef Pie	Beef Wellington with Horseradish Demi Glace	Beer Battered Lake Perch	Cheese Ravioli Bolognese
	Southwest/Asian Pork Soft Taco	Citrus Spiked Caribbean Beef Stew	Popcorn Shrimp with Cocktail Sauce	Chicago Chicken Vesuvio	Baked Atlantic Cod with Lobster Sauce	Pork Dijonae's	Chicken and Dumplings
	Spanish Rice	Penne Pasta	Sour Cream and Garlic Mashed Potatoes	Rosemary and Garlic Potato Wedges	Parsnip Mashed Potatoes	Red Skin Potato Salad	Cornbread Stuffing
	Blanched Broccoli	Creamed Spinach and Parmesan	Roasted Cauliflower Herb Butter	Green Peas	Balsamic Glazed Brussels Sprouts	Creamed Corn with Red Bell Peppers	Zucchini & Yellow Squash Blend
	--	Caramelized Leeks	Sauteed Vegetable Blend	Baby Carrots		Garden Vegetable Medley	Grilled Asparagus
	Mocha Mousse	Pumpkin Ice Cream	Angel Food Cake with Strawberry Topping	Pumpkin Spice Cannoli's	Birthday Cake & Ice Cream	Sundae Nut Cone	Apple Orchard Bars
	Mandarin Oranges	Multi Grain Roll	French Bread	Dinner Roll	Dinner Rolls	Seeded Rye Bread	Multi Grain Dinner Roll

# Squash



Butternut squash, known in Australia and New Zealand as butternut pumpkin or gramma, is a type of pumpkin or winter squash that grows on a vine. It has a sweet, nutty taste similar to that of a pumpkin. It has tan-yellow skin and orange fleshy pulp with a compartment of seeds in the blossom end

## Served At The Castle Town Center Bistro

Sunday October 17th - Saturday October 23rd

Sunday - Brunch 17-Oct	Monday - Dinner 18-Oct	Tuesday - Dinner 19-Oct	Wednesday - Dinner 20-Oct	Thursday - Dinner 21-Oct	Friday - Dinner 22-Oct	Saturday - Dinner 23-Oct
				Birthday Dinner		
Spinach Salad	Cheese and Crackers	White Bean and Kale Salad	Crudit� and Ranch Dip	Shrimp Cocktail	Hummus and Pita	Iceberg Wedge
Seafood Newberg	Chicken Wings	Beef Lasagna	Chicken Cordon Blue	Autumn Salad	Popcorn Shrimp	Pork Goulash
Cheese Manicotti	Roast Pork Tenderloin	Chicken Cacciatore	Beef and Noodles	Beef Wellington	Mexican Pork Stew	Baked Cod
Wild Rice Pilaf	Fried Wedge Potato	Spaghetti Squash	Loaded Potato Casserole	Baked Atlantic Cod with Lobster Sauce	Potato Salad	Butternut Squash
Asparagus	Carrot and Celery Sticks	Italian Cut Green Beans	Stewed Apples	Parsnip Mashed Potato	Braised Greens	Peas and Pearl Onion
Vegetable Blend	Cream Peas	Squash and Pepper Medley	Green Beans with Walnuts	Balsamic Glazed Brussel Sprouts	Stewed Tomatoes	Broccolini
Chocolate Applesauce Cake	7-Layer Bar	Cherry Pie	Apple Cake	Birthday Cake with Ice Cream	Pineapple Upside Down Cake	Pecan Pie

If you would like to order dinner from the Bistro, please call x6093 by 3PM. Thank you!