

**Served at Willows Arbor, Hunt Terrace & Willows Health & Rehab Center**

Lunch	Sunday 28-Nov	Monday 29-Nov	Tuesday 30-Nov	Wednesday 1-Dec	Thursday 2-Dec	Friday 3-Dec	Saturday 4-Dec
	Navy Bean Soup	Beef Vegetable Soup	Chicken Posole Soup	Cream of Mushroom Soup	Broccoli Cheddar Soup	Seafood Provencale Soup	Minestrone
	Peach and Pineapple Gelatin	Cream of Cauliflower	Strawberry Bisque	Sausage and Lentil Bean Soup	Stuffed Bell Pepper Soup	Cottage Cheese and Pine-apple	French Onion Soup
	Ham w/Brown Sugar Glaze	Baked Mostaccioli with Italian Sausage	Garlic Herb Chicken Sandwich on Ciabatta Bun	Grilled Italian Panini (Ham, Salami, Provolone, Italian Dressing)	Tuna Noodle Casserole	Ham Macaroni & Cheese	Beef Chili
	Chicken Cacciatore (1/4 Chicken in Hunter's Style Tomato Sauce)	Turkey Club	Taco Salad	Hearty Braised Pork Stew	Chicken Caesar	Egg Salad Sandwich on Multigrain Bread	Traditional Grilled Cuban Sandwich (Roast Pork, Ham, Swiss Cheese, Mustard, Dill Pickle)
	Potatoes Au Gratin	Garlic Bread	BBQ Potato Chips	Roasted Steak Fries	Potato Chips	Onion Rings	Loaded Potato Salad
	Fresh Green Beans	Broccoli Salad	Carrots	Cucumber and Mint Salad	Green Beans with Garlic	Capri Vegetable Blend	Roasted Vegetables
	Apple Crisp	Cream Puff	Devil's Food Cake	Snickerdoodle Cookies	Black Forest Cobbler	Root Beer Float	Chocolate Chip Cookies
	Parkerhouse Roll	Apple Slices	Peaches	Bananas	Pineapple	Pears	Apple Slices

Dinner	Sunday 28-Nov	Monday 29-Nov	Tuesday 30-Nov	Wednesday 1-Dec	Thursday 2-Dec	Friday 3-Dec	Saturday 4-Dec
	Navy Bean Soup	Beef Vegetable Soup	Chicken Posole Soup	Cream of Mushroom	Broccoli Cheddar Soup	Seafood Provencale Soup	Minestrone
	Garden Salad	Kidney Bean Salad	Smoked Salmon Bruschetta	Rainbow Gelatin	Vegetable Egg Roll	Spinach Salad with Dried Cranberries	Waldorf Apple Pecan Salad
	Cheeseburger	Chicken and Dumplings	Roast Beef & Gravy	Hungarian Goulash	Asian Pork Stir Fry	Salmon Oscar Style (Crab, Asparagus, Hollandaise)	Garlic Herb Meatloaf
	Tuna Salad with Crackers	Maple and Mustard Pork Tenderloin with Apples	Baked Fish	Chicken Marsala	Ginger Honey Shrimp with Vegetables	Buttermilk Fried Chicken	Chicken Kiev
	Potato Chips	Candied Sweet Potatoes	Garlic Mashed Potatoes	Egg Noodles	Jasmine Rice	French Fries	Mashed Potatoes
	Fresh California Blend Vegetables	Asparagus	Roasted Root Vegetables	Zucchini Squash and Red Pepper	Blanched Broccoli	Asparagus	Mixed Vegetables
	--	Corn	Roasted mushrooms	Cauliflower	Wax Beans	Coleslaw	Roasted Tomatoes
	Ice Cream Sandwich	Pumpkin Bread Pudding	Cherry Pie	Pumpkin Cheesecake Parfait	Orange Sherbet	Dutch Apple Pie	Chocolate Cream Pie
	Bananas	Dinner Roll	Sweet Yeast Rolls	French Bread	Multigrain Roll	Cornbread Muffin	Raisin Bread



- Cranberries are a versatile fruit that offers big health benefits in a little package, offering unique polyphenols not commonly found in other fruits. A serving of fresh cranberries are a good source of vitamin C and fiber.

### Served At The Castle Town Center Bistro

Sunday November 28th - Saturday December 4th

Sunday - Brunch 28-Nov	Monday - Dinner 29-Nov	Tuesday - Dinner 30-Nov	Wednesday - Dinner 1-Dec	Thursday - Dinner 2-Dec	Friday - Dinner 3-Dec	Saturday - Dinner 4-Dec
Iceberg Wedge Salad	Spinach-Artichoke Dip	Greek Salad	Asian Noodle Salad	Marinated Tomatoes and Cucumber	Garden Salad	Cheese and Sausage Plate
Honey Citrus Glazed Salmon	Chicken Pot Pie	Breaded Pork Chop	Chicken with Orange Sauce	Turkey Tetrazzini	New England Baked Cod	Bacon Wrapped Shrimp
Braised Beef Short Ribs	Braised Pork Adobo	Greek Beef Pastitsio	Asian Pepper Steak	Swedish Meatballs	Meatloaf	Steak Frite
Baked Sweet Potato	Classic Rice Pilaf	Creamy Polenta	Vegetable Fried Rice	Mashed Potatoes	Macaroni and Cheese	Baked Acorn Squash
Romanesco	Green Beans with Tomatoes and Onion	Sauteed Spinach	Stir Fry Vegetable	Cut Corn	Green Bean Casserole	Roasted Mushrooms
Root Vegetable Medley	Bourbon Glazed Carrots	Peas & Carrots	Vegetable Egg Rolls	Asparagus	Broccoli and Cauliflower	Asparagus
Apple Blossom	7-Layer Bar	Angel Food Cake with Berries	Almond and Fortune Cookies	Cherry Pie	Pumpkin Bars	Bread Pudding

If you would like to order dinner from the Bistro, please call x6093 by 3PM. Thank you!