

Served at Willows Arbor, Hunt Terrace & Willows Health & Rehab Center

Lunch	Sunday 16-Jan	Monday 17-Jan	Tuesday 18-Jan	Wednesday 19-Jan	Thursday 20-Jan	Friday 21-Jan	Saturday 22-Jan
	Italian Wedding Soup	Creamy Potato Soup	Broccoli Cheese Soup	Sausage and Chicken Gumbo	Cheeseburger Soup	Manhattan Clam Chowder	Carrot Ginger Bisque
	Side Caesar Salad	Turkey Rice Soup	Cranberry Orange Gelatin	Sweet Potato Bisque	Vegetable Rice Soup	Ham and Vegetable Soup	Dinner Salad
	Prime Rib with Au Jus	Braised Homestyle Beef Stew	Polish Sausage on a Bun	Roast Beef Melt with Horseradish Cream Cheddar	Grilled Turkey Sandwich with Crisp Apple and Cranberry Mayonnaise on Multigrain	Grilled Chicken Sandwich with Roasted Red Bell Peppers on Focaccia Bun	English Muffin Pepperoni Pizzas
	Tilapia with Tomato & Basil Pesto	Fried Chicken Sandwich	Midwest Hot Dish Ground Beef Casserole with Cheddar Cheese and Tater Tot Crust	Chicken Tenders	Asian Shrimp Salad with Cucumber and Cashew	Chef Salad	Open Faced Hot Beef Sandwich with Gravy
	Mashed Potatoes	Traditional Potato Salad	Tater Tots	Potato Pancakes	Barbecue Potato Chips	Baked Beans w/Brown Sugar and Onions	French Fries
	Lemon Glazed Carrots	Cole Slaw	Grilled Vegetables	Vegetable Medley	Marinated Beets with Feta	Grilled Zucchini	Grilled Yellow Squash
	Cheesecake with Strawberries	Chocolate Chip Cookies	Chocolate Cream Pie	Pear Cobbler	Pumpkin Pecan bars	M&M Cookies	Chocolate Pudding
	Parkerhouse Roll	Apple Slices	Peaches	Banana	Pineapple	Pears	Apple Slices

Dinner	Sunday 16-Jan	Monday 17-Jan	Tuesday 18-Jan	Wednesday 19-Jan	Birthday Dinner 20-Jan	Friday 21-Jan	Saturday 22-Jan
	Italian Wedding Soup	Creamy Potato Soup	Pot Stickers with Soy Ginger Sauce	Sausage and Chicken Gumbo	Shrimp Cocktail	Manhattan Style Clam Chowder	Carrot Ginger Bisque
	Citrus Gelatin with Mixed Fruit	Baked Mozzarella Sticks with Marinara Dipping Sauce	Asian Iceberg Salad with Orange Sesame Dressing	Garden Salad	Winter Chopped Vegetable Salad with Maple Dijon Vinaigrette	Petite Spinach Salad	Breaded Mushrooms with Ranch
	Grilled Bratwurst with Cheddar Ale Sauce	Honey and Balsamic Marinated Pork Tenderloin	Asian Glazed Fresh Salmon	Barbecue Ribs	Grilled Center Cut Pork Chop Cherry Balsamic Reduction	Beer Battered Cod	Turkey Pot Pie
	Trio of Chicken, Tuna and Egg Salads with Crackers	Crispy Popcorn Shrimp	Mongolian Beef	Spaghetti and Meatballs	Lemon Caer Haddock Picatta Style	Veal Marsala	Herb Roasted Pork Loin
	Sweet Potato Fries	Rice Pilaf	Fried Rice	Herb and Olive oil Spaghetti	Boursin Mashed Potatoes	Herb Roasted Steak Fries	Smashed Potatoes with Leeks
	Broccoli	Green Beans with Mushrooms	Gingered Snow Peas	Broccoli Au Gratin	Roasted Tri-Colored Carrots	Creamy Coleslaw	Parmesan Creamed Spinach
		Apple Leek Brussel Sprouts	Asian Blend Vegetables	Corn with Fresh Herbs		Capri Vegetable Blend	Roasted Cauliflower
	Butterscotch Sundae	Cherry Crisp	Fresh Fruit Medley	White Chocolate Mousse	Birthday Cake and Ice Cream	Fruits of the Forest Pie	Cookies 'n' Cream Cake
		Rye Bread	Sweet Yeast Roll	Parmesan Garlic Bread	Dinner Roll	Homestyle Roll	Multi-Grain Roll

Dining Service Events:

Week of January 16th-22nd



Popcorn!

When it's air-popped and lightly seasoned, **popcorn is an efficiently healthy snack**. That's because it is a whole grain, and high-fiber whole grains have been linked to a lower risk of heart disease, diabetes, some cancers and other health problems.

Join us in the Bistro on Wednesday, January 19th to celebrate National Popcorn day.

Delicious Discussion in Bistro-Tuesday, January 18th @ 9:30am

Served At The Castle Town Center Bistro

Sunday January 16th-Saturday January 22nd

Sunday - Brunch 16-Jan	Monday - Lunch 17-Jan	Tuesday - Dinner 18-Jan	Wednesday - Dinner 19-Jan	Birthday Dinner 20-Jan	Friday - Dinner 21-Jan	Saturday - Dinner 22-Jan
				Shrimp Cocktail		
Mini Chef Salad	Soft Pretzel with Cheese Dip	Winter Waldorf Salad	Wheatberry, Corn, Tomato Salad	Winter Chopped Vegetable Salad Maple Dijon Vinaigrette	Fresh Fruit Salad	Carrot Raisin Salad
Pesto Crusted Cod	Bratwurst on a Bun	Chicken Parmesan	Turkey with Dressing and Gravy	Grilled Center Cut Pork Chop with Cherry Balsamic Reduction	Beer Battered Cod	Chicken with Artichokes and Mushrooms
Prime Rib	Beef Sauerbraten	Garlic Herb Roasted Pork Loin	Provençal Fish	Lemon Caper Haddock Picatta Style	Hot Roast Pork Sandwich	Pan Seared Salmon with Roast Tomato Salsa
Potato Casserole	Warm German Bacon Potato Salad	Butternut Squash Gratin	Creamy Mashed Potato	Boursin Mashed Potatoes	Potato Wedges	Steamed Red Quinoa
Creamed Spinach	Sauerkraut	California Blend Veg	Green Bean Casserole	Roasted Tri-Colored Carrots	Braised Carrots and Celery	Normandy Blend
Carrots Vichy	Parmesan Green Beans	Peas and Mushrooms	Swiss chard with Garlic and Red Peppers		Sweet and Spicy Brussel Sprouts	Roasted Acorn Squash
Blueberry Cheesecake	German Chocolate Cake	Tiramisu	Chocolate Peanut Pie	Birthday Cake and Ice Cream	Chocolate Raspberry Cake	Dutch Apple Pie

If you would like to order dinner from the Bistro, please call x6093 by 3PM. Thank you!